Helping Mothers Survive Essential Care for Labor & Birth (HMS ECL&B) is a learning module designed to improve the quality and experience of care for women and newborns during labor, birth and the immediate postpartum period. ECL&B builds capacity of the entire team of providers to give evidence-based, respectful care using a “low dose, high-frequency” (LDHF) approach. Training occurs onsite at the health center or hospital, to improve communication and teamwork and to promote local problem solving. Learning is enhanced by use of short videos to demonstrate key skills. To consolidate competencies, providers complete short, LDHF skills practice and quality improvement activities onsite after training day. ECL&B is designed for all those who care for women and newborns at birth at all levels of the health system.

KEY COMPETENCIES COVERED
Respectful care
Infection prevention
Classification of labor: latent, active or false labor
Management and monitoring of labor
Early identification of complications
Identification of poor progress of labor
Supportive care during all stages of labor and birth

DURATION/INTENDED AUDIENCE:
HMS ECL&B is a one-day course designed for all providers who care for women in labor.

SUGGESTED SIMULATORS: MamaBirthie® BabieBirthie®

LEARNING TOOLS (click here):
1 Flipbook, 1 Action Plan, and supplemental materials.

LANGUAGES AVAILABLE: English, French coming soon

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